

# State of Connecticut



GENERAL ASSEMBLY



COMMISSION ON CHILDREN

## **SAVE THE DATE!**

### **Weighing in on Child Obesity:**

#### **A Forum on Childhood Obesity in Connecticut**

- Connecticut's obesity rate has risen from 11.7% in 1990 to 19.1% in 2004.
- Overweight children face increased risks of Type 2 diabetes, hypertension, and heart disease.
- Approximately 9% of Connecticut students in grades 9 to 12 are overweight.
- In some Connecticut communities as many as 25% of children are overweight.
- More than 3,000 people in Connecticut die each year from obesity and its complications.
- Obesity-related health problems annually cost Connecticut \$856 million.

**Thursday, February 10<sup>th</sup> 2005**

10:00 a.m. – noon

Room 2–C

Legislative Office Building, Hartford

**Guest Speaker**

**Morgan Spurlock**

Director and star of

**“Super Size Me”**

*Nominated for an Academy Award for Best Documentary Feature Film*

The film examines many sides of our national obesity epidemic, including school lunch programs, declining health and physical education classes, and the need for accurate information in making responsible decisions about health.

*Segments of Spurlock's film will be shown.*

**Join a panel including: Senate President Pro Tempore Donald Williams, Senator Joseph Crisco, Senator Toni Harp, Senator Christopher Murphy, Representative Peggy Sayers, other state policy leaders, nutrition experts and students for a candid discussion about childhood obesity.**

- How severe is the problem? Why should we focus on children?
- What are the causes? Will getting rid of junk food in schools solve the problem?
- What is Connecticut already doing to address the problem?
- What can government, schools, families, and children do about this health crisis?

Sponsored by:

Action for Healthy Kids – Connecticut, Child Health and Development Institute of Connecticut, End Hunger Connecticut!  
The Connecticut Forum, Connecticut Commission on Children, CT Chapter of the American academy of Pediatrics,

**Call Pat Estill for information about the forum and interviews. 860-240-0024.**

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